DIRECT STRATEGIES: SPEAKING

STRATEGY GROUP: Affective

STRATEGY SET: Encouraging yourself

STRATEGY: Taking risks wisely

This strategy involves a conscious decision to take reasonable risks regardless of the possibility of making mistakes or encountering difficulties. However, it does not imply wild, unnecessary risks, like guessing at random or saying anything at all regardless of its degree of relevance.

For example, Paul decides to prod himself to speak in his beginning English class, though he is afraid of sounding like a fool, but he intends to say something sensible and not just blurt out something irrelevant.