

DIRECT STRATEGIES: SPEAKING

STRATEGY GROUP: Affective

STRATEGY SET: Encouraging yourself

STRATEGY: Rewarding yourself

Learners often expect to be rewarded only by external sources, such as praise from the teacher. However, learner need more reward than they can get externally. They also need it more regularly and more often. Some of the most potent and useful rewards come from within the learners themselves. Therefore, learners need to discover how to reward themselves for good work in language learning.