DIRECT STRATEGIES: SPEAKING

STRATEGY GROUP: Affective

STRATEGY SET: Encouraging yourself

STRATEGY: Making positive statements

When used before or during a language activity, positive statements are for self-encouragement.

For example, before presenting a talk in Japanese, Rose says to herself, "I'm sure I can get my point across, even if I make errors". When used after a very good performance, such statements also take on a self-reward function. For instance, Udo says. "I really did a job this time!"