

<b>STRATEGY GROUP: Affective</b>
<b>STRATEGY SET: Taking your emotional temperature</b>
<b>STRATEGY: Writing a language learning diary</b>

Language learning diaries or journals are narratives describing the learners' feelings, attitudes, and perceptions about the language learning process. They can also include specific information about strategies which learners find effective or ineffective for each of the four language skills. You can either give guidelines for your students' diaries or allow those diaries to be free-wheeling .