STRATEGY GROUP: Affective

STRATEGY SET: Lowering your anxiety

STRATEGY: Using laughter

Language learners can benefit from laughter's anxiety-reducing powers. Laughter brings pleasure to the classroom. It can be stimulated by many kinds of classroom activities, such as role-plays, games, and active exercises in which learners are allowed to play as they learn.

Marguerita reads comic books in French for relief, relaxation, and language practice.