

STRATEGY GROUP: Affective
STRATEGY SET: Encouraging yourself
STRATEGY: Making positive statements

The strategy of making positive statements can improve each of the four language skills. Demonstrate the kinds of positive statements your students can privately make to themselves. Urge them to say those statements regularly, especially before a potentially difficult language activity. Here are some examples:

<i>I enjoy understanding the new language</i>
<i>I can get the general meaning without knowing every word</i>
<i>I'm reading faster than I was a month ago</i>
<i>I'm confident and secure about my progress</i>