

Strategy group: Affective
<b>STRATEGY SET:</b> Taking your emotional temperature
<b>STRATEGY:</b> Discussing your feelings with someone else

Language learning is difficult, and learners often need to discuss this process with other people. Learners can benefit from discussing these topics with peers and with you. Amazing transformations of classroom activity and atmosphere can occur because of these discussions; anxieties and inhibitions diminish, and learners feel they have more control over their own fate. Discussions of feelings can also take place outside of class with a friend, a parent, a counselor, or a native speaker of the language.

Encourage students to express their feelings about the language learning process and discover what they need to be better learners.