

## METACOGNITIVE STRATEGIES } EVALUATING YOUR LEARNING

### **SELF-MONITORING:**

Identifying errors in understanding or producing the new language, determining which ones are important, tracking the source of important errors, and trying to eliminate such errors.

### **SELF-EVALUATING:**

Evaluating one's own progress in the new language, for instance, by checking to see whether one is reading faster and understanding more than one month or six months ago, or whether one is understanding a greater percentage of each conversation.