

METACOGNITIVE STRATEGIES } CENTERING YOUR LEARNING

OVERVIEWING AND LINKING WITH ALREADY KNOWN MATERIAL:

Overviewing comprehensively a key concept, principle, or set of materials in an upcoming language activity and associating it with what is already known. This strategy can be accomplished in many different ways, but it is often helpful to follow three steps: learning why the activity is being done, building the needed vocabulary, and making the associations.

PAYING ATTENTION:

Deciding in advance to pay attention in general to a language learning task and to ignore distractors (by directed attention), and/or to pay attention to specific aspects of the language or to situational details (by selective attention).

DELAYING SPEECH PRODUCTION TO FOCUS ON LISTENING

Deciding in advance to delay speech production in the new language either totally or partially, until listening comprehension skills are better developed. Some language theorists encourage a *silent period* of delayed speech as part of the curriculum, but there is debate as to whether all students require this.