

STRATEGY GROUP: Affective
STRATEGY SET: Taking your emotional temperature
STRATEGY: Writing a language learning diary

Language learning diaries or journals are narratives describing the learners' feelings, attitudes, and perceptions about the language learning process. You can either give guidelines for your students' diaries or allow those diaries to be freewheeling.

Some learners like to share their diaries or journals with other people. Other learners, on the contrary, prefer to keep their diaries private.