# **Research Paper**

# Activity *in vitro* of twelve antibiotics against clinical isolates of extended-spectrum beta-lactamase producing *Escherichia coli*

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Twelve beta-lactam and non-beta-lactam antibiotics were evaluated against 115 clinical isolates of extended-spectrum beta-lactamase-producing (ESBLs) *Escherichia coli* using a broth microdilution test in accordance with the CLSI guidelines. Susceptibility was 100% with imipenem, ertapenem and amikacin, 95.7% with piperacillin-tazobactam, 91.3% with cefoxitin, 87% with tobramycin, 81.7% with amoxicillin-clavulanate, 80% with cefepime, 67.8% with ceftazidime, 27.8% with ciprofloxacin, 27% with levofloxacin and 13% with ceftriaxone. Ertapenem was the antibiotic with the lowest minimum inhibitory concentrations (MICs) for all isolates. There were no clinically relevant differences in the activity of the antibiotics in the presence of CTX-M-9 or SHV enzymes.

Keywords: Escherichia coli / ESBLs / Microdilution / Susceptibility

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# Introduction

Extended-spectrum beta-lactamases (ESBLs) are enzymes produced by Gram-negative bacteria that confer resistance to all penicillins, cephalosporins (with the exception of cephamycins), and monobactams. Apart from cephamycins, the only beta-lactams to maintain activity are the beta-lactam combinations with betalactamase inhibitors and carbapenem antibiotics (Bradford 2001). The in vivo use of some of these antibiotics has led to therapeutic failure. For example, when using cephamycins, mutants have been generated which are resistant by virtue of a reduction in permeability (Martinez-Martinez et al. 1996). These antibiotics are therefore not useful in practice. Furthermore, the use of combinations of beta-lactams with beta-lactamase inhibitors is controversial (Johnson et al. 2002, Spanu et al. 2002). In any case, it is not advisable to use these antibiotics until the results of the antibiogram are known,

and their use should be reserved for non-serious infections with demonstrated *in vitro* susceptibility.

Carbapenems have been reported to be the most active beta-lactam antibiotics against ESBL-producing Gram-negative bacilli (Johnson *et al.* 2002). These are not, however, an alternative in the management of community-acquired infections.

When ESBL-producing organisms are sensitive to other antibiotic groups these are useful as treatment. Nevertheless, it is important to investigate the activity of these other antibiotics, against which co-resistances can be found through plasmids, transposons or integrons (Lautenbach *et al.* 2001).

Since these enzymes frequently show a multiresistance pattern, treatment options are limited for infections caused by ESBL-producing organisms. Therefore they constitute a health-care challenge of great clinical importance.

With this in mind we designed the present study to determine the activity of different beta-lactam and nonbeta-lactam antibiotics in clinical isolates of ESBL-producing strains of *E. coli* using a broth microdilution test.



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# Materials and methods

# **Bacterial isolates**

We studied 115 different clinical isolates of ESBLproducing E. coli identified in the Laboratory of Clinical Microbiology at the San Cecilio University Teaching Hospital in Granada (Spain) using the WIDER system (Francisco Soria Melguizo S.A., Spain) (Canton et al. 2000), in which we confirmed the presence or otherwise of ESBLs by the diffusion technique with discs of cefotaxime (30 µg), cefotaxime/clavulanate (30/10 µg), ceftazidime (30 µg) and ceftazidime/clavulanate (30/ 10  $\mu$ g), in adherence to the recommendations of the Clinical and Laboratory Standards Institute (CLSI 2006a). Following phenotypic confirmation, determination of beta-lactamase and clonality was carried out by means of biochemical (determination of the isoelectric point) and molecular studies (PCR), following the procedures described elsewhere by our group (Sorlozano et al. 2007).

Sixty-seven isolates produced CTX-M-9 enzymes and 48 produced SHV enzymes. Of the total, 86.1% were from urine samples (58.6% producing CTX-M-9) whilst 77.4% were of community origin (55% producing CTX-M-9). Of the hospital samples, 69.2% produced CTX-M-9. A total of 41.7% of the isolates were CTX-M-9 producers originating from community and urine samples. In the case of the SHV producers, the figure was 31.3%.

### Susceptibility determination

Microdilution was carried out in Mueller-Hinton broth, adjusted for Ca<sup>++</sup> and Mg<sup>++</sup>, in accordance with CLSI guidelines (CLSI 2006b). Each antibiotic was dissolved according to the manufacturers' recommendations. The following concentrations (in µg/ml) were tested in the microdilution procedure: amoxicillin-clavulanate 0.125/0.06 to 128/64, piperacillin-tazobactam 0.25 to 256, with a fixed concentration of tazobactam of 4 mg/l, ceftriaxone 0.5 to 512, cefoxitin 0.25 to 256, ceftazidime 0.25 to 256, cefepime 0.25 to 256, imipenem 0.008 to 8, ertapenem 0.008 to 8, amikacin 0.25 to 256, tobramycin 0.125 to 128, ciprofloxacin 0.125 to 128, and levofloxacin 0.125 to 128. The minimum inhibitory concentration (MIC) is defined as the lowest antibiotic concentration to completely inhibit bacterial growth. The isolates were considered to be susceptible, intermediate or resistant according to the recommendations of the CLSI.

### **Quality controls**

Following the CLSI guidelines (CLSI 2006a), we used the following strains as quality control in all procedures: *K. pneumoniae* ATCC 700603 and *E. coli* ATCC 25922.

# Statistical analysis

The Fisher exact test for  $r \times s$  tables was used to compare the clinical categories and MIC distributions between the two groups of ESBL isolates (CTX-M-9 and SHV) for each antibiotic tested. As an alternative hypothesis ( $H_1$ ) we considered the presence of a difference between the groups compared for both variables.

# Results

Table 1 shows the values (in  $\mu$ g/ml) of the MIC ranges, the MIC<sub>50</sub> and MIC<sub>90</sub> values, and percentage susceptibility to the 12 antibiotics tested of the 115 ESBL-producing isolates (67 and 48 producers of CTX-M-9 and SHV respectively). Of note is the fact that imipenem, ertapenem and amikacin were the only three antibiotics to show activity against 100% of the isolates.

The results of the Fisher exact test on comparing the CTX-M-9- and SHV-producing isolates *versus* the behavior of each antibiotic, from the perspective of MIC distribution and clinical category, were the following (*p* value for MIC distribution; *p* value for clinical category): amoxicillin-clavulanate (0.065; 0.342); piperacillin-tazobactam (0.810; 1.000); ceftriaxone (<0.001; <0.001); cefoxitin (0.828; 1.000); ceftazidime (<0.001; <0.001); cefepime (0.003; 1.000): imipenem (0.289; 1.000); ertapenem (0.178; 1.000); amikacin (0.102; 1.000); tobramycin (0.086; 0.049); ciprofloxacin (0.609; 0.674); levofloxacin (0.128; 0.523).

Ceftriaxone showed greater activity against SHVproducing isolates, whilst ceftazidime was more active against CTX-M-9-producing isolates. There were also significant differences for cefepime as regards MIC distribution, these concentrations being lower among the SHV producers, and for tobramycin in the distribution by clinical categories (increased percentage of resistance among SHV producers).

# Discussion

In this study the ESBL-producing isolates proved themselves in general to be susceptible to a combination of amoxicillin and clavulanic acid, with no significant difference between the CTX-M-9- and SHV-producing strains. Other authors have obtained similar susceptibility percentages for ESBL-producing *E. coli*, [cf. for example the study conducted by the Spanish Group for Nosocomial Infections (GEIH) (Hernandez *et al.* 2005), who arrived at a figure of 69% for isolates susceptible to amoxicillin-clavulanic acid]. Some other authors

	ESBL-producers n = 115				CTX-M-9-producers <i>n</i> = 67				SHV-producers n = 48			
	Range (µg/ml)	MIC <sub>50</sub> (µg/ml)	MIC <sub>90</sub> (µg/ml)	Suscep- tible (%)	Range (µg/ml)	MIC <sub>50</sub> (µg/ml)	MIC <sub>90</sub> (µg/ml)	Suscep- tible (%)	Range (µg/ml)	MIC <sub>50</sub> (µg/ml)	MIC <sub>90</sub> (µg/ml)	Suscep- tible (%)
Amoxicillin-	2/1-32/16	8/4	32/16	81.7	2/1-32/16	8/4	16/8	85.1	2/1-32/16	8/4	32/16	77.1
clavulanate Piperacillin- tazobactam	≤0.25/4−128/4	2/4	8/4	95.7	≤0.25/4-128/4	2/4	8/4	95.5	≤0.25/4−64/4	2/4	16/4	95.8
Ceftriaxone	2->512	16	512	13	16->512	64	512	0	2->512	16	256	31.3
Cefoxitin	0.5 - 32	4	8	91.3	0.5 - 32	4	8	91	1 - 32	4	8	91.7
Ceftazidime	≤0.25->256	2	64	67.8	≤0.25-16	1	4	95.5	≤0.25->256	32	128	29.2
Cefepime	≤0.25-128	4	32	80	≤0.25-128	4	16	80.6	≤0.25-128	2	32	80
Imipenem	0.03 - 2	0.125	0.25	100	0.03-0.25	0.125	0.25	100	0.03 - 2	0.125	0.25	100
Ertapenem	≤0.008-0.5	0.03	0.125	100	≤0.008-0.125	0.03	0.06	100	≤0.008-0.5	0.016	0.125	100
Amikacin	≤0.25-8	1	4	100	0.5-8	1	4	100	≤0.25-8	1	8	100
Tobramycin	≤0.125-128	0.5	8	87	≤0.125-128	0.5	4	92.5	≤0.125-32	0.5	8	79.2
Ciprofloxacin	≤0.125-128	16	64	27.8	≤0.125-128	16	64	29.9	≤0.125-128	16	64	25
Levofloxacin	≤0.125->128	8	16	27	≤0.125-64	8	16	29.9	≤0.125->128	8	16	22.9

Table 1. In vitro activity of the 12 antibiotics tested against clinical isolates of extended-spectrum beta-lactamase producing E. coli.

(Hoban et al. 2005), however, have obtained lower values (12.5%).

Piperacillin-tazobactam was found to be very active against ESBL isolates, as has also been observed by Hoban *et al.* (2005), Casellas *et al.* (2003) and Sader *et al.* (2005), who found percentages of susceptibility to this antibiotic of 79.2%, 75.6% and 86.2%, respectively, whilst showing no significant differences between the CTX-M-9- and SHV-producers.

Ceftriaxone presented higher MICs because of the hydrolysis of this drug by ESBLs. Moreover, CTX-M-type ESBL-producing organisms exhibit high resistance to this antibiotic (Bradford 2001). This would explain why the MIC<sub>50</sub> and MIC<sub>90</sub> values are higher in the CTX-M-9-producing group than in the SHV producers – resulting from a significantly different distribution of the MICs between the two groups.

The susceptibility of ESBL isolates to cefoxitin and cefepime seems to be variable and depends on the study in question. Sader et al. (2005) found that 91.3% of their isolates were susceptible to cefoxitin. With cefepime the values were 24.3%, 50% and 93.8% in studies by Casellas et al. (2003), Hoban et al. (2005) and Sader et al. (2005) respectively. We found both cefoxitin and cefepime to be active against ESBL-producing organisms, though their clinical use is not advisable (Martinez-Martinez et al. 1996, Paterson et al. 2001). No significant differences between the two groups of isolates were observed in the activity of cefoxitin. The CTX-M-9 producers did however show significantly higher MICs for cefepime since they hydrolyze this antibiotic more efficiently than do the SHV producers (Yu et al. 2002).

Because of the reduced capacity of CTX-M-9 enzymes to hydrolyze ceftazidime (Bradford 2001) the MICs obtained in this group are significantly lower and fall within the susceptibility range found for the SHVproducing isolates against this antibiotic. Casellas *et al.* (2003) reported a susceptibility of 7.4%, far lower than our own value, since they investigated CTX-M2-producing *E. coli*.

Imipenem and ertapenem were the only beta-lactam antibiotics to show activity against 100% of the isolates, with no significant differences between the two enzymes. In this context, ertapenem was the antibiotic with the lowest MICs for each isolate. Thus this drug constitutes the best *in vitro* option of all the antibiotics tested. Although ertapenem and imipenem are both active against *E. coli*, the greater intrinsic activity of ertapenem seems to be due to its greater affinity for PBP-3 compared with imipenem (Kohler *et al.* 1999).

In the same way as in our study, where ertapenem exhibited the lowest  $MIC_{90}$  (0.125 µg/ml), other authors have also found the most active carbapenem antibiotic *in vitro* to be ertapenem, with a  $MIC_{90}$  of 0.06 µg/ml as opposed to 0.5 µg/ml for imipenem, 16 µg/ml for cefepime, or more than 128 µg/ml in the case of piperacillin-tazobactam when tested against ESBL-producing isolates of *K. pneumoniae* in a study published by Livermore *et al.* (2001). Alhambra *et al.* (2004) found an  $MIC_{90}$  of 0.03 µg/ml for ertapenem when testing against ESBL-producing *E. coli* isolates.

Amikacin was found to be active against 100% of the ESBL-producing isolates, with no significant differences found between the two groups of enzymes. Tobramycin was also seen to be very active against these isolates, particularly against the CTX-M-9 producing organisms.

The quinolones showed lower active, with no significant differences between the CTX-M-9- and SHV-producing isolates. The association between the production of ESBLs and resistance to these antibiotics has been well established (Valverde *et al.*, 2004), though such resistance is not observed in all cases (Sader *et al.* 2005).

The carbapenems are undoubtedly very active *in vitro* against ESBL-producing isolates and, in view of the presence of resistances associated to other antibiotic groups, often constitute one of the few treatment options available for such organisms.

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