# Health(a)ware

## Physical Activity and Health Education in European Schools





This International Symposium will focus on the health education at school in Europe and the role the physical education teachers' play in this topic













### **INTRODUCCTION**

**Health(a)ware** is an open and dynamic symposium which focuses on Physical Activity as a privileged subject to approach health in its broad sense, and new initiatives for health education in the school setting.

#### **PARTICIPANTS**

- 1. Health(a)ware Project Partners, research groups from: Spain, Germany, Poland, Austria, Norway, Check Republic and Norway
- 2. Research experts from all over the world invited as speakers.
- 3. Active researchers interested in the area.
- 4. Professionals and Policy makers in the field of Health Promotion and Health and Physical Activity.

#### **WORKING AREAS**

- -Promotion of health education at schools.
- -Physical activity and Health. New approaches for practical health education in the PE class.
- -Physical education: how is it dealt with in European schools.













#### **ORGANISERS**

### Organizing Committee:

President: Marcela González-Gross (Madrid, Spain)

Secretary: Paloma Navarro Dongil (Madrid, Spain)

Albers, Ulrike (Madrid, Spain)

Benito Peinado, Pedro José (Madrid, Spain)

Cañada, David (Madrid, Spain)

Fuentes Jiménez, Francisco (Madrid, Spain)

Gómez Lorente, Juan José (Madrid, Spain)

Noriega Borge, Mª José (Santander, Spain)

Ortiz Menéndez, Juan Carlos (Madrid, Spain)

Pedrero, Raquel (Madrid, Spain)

Redondo, Carlos (Santander, Spain)

Rufino Rivas, Pedro de (Santander, Spain)

Valtueña, Jara (Madrid, Spain)

#### **Scientific Committee:**

President: Hanno Strang (Berlín, Germany)

Secretary: David Cañada (Madrid, Spain)

Blázquez, Domingo (Barcelona, Spain) (to be confirmed)

Bronikowski, Michal (Poznan, Poland)

Calderón Montero, Javier (Madrid, Spain)

Devis Devis, José (Valencia, Spain) (to be confirmed)

Erdmann, Ralf (Oslo, Norway)

García Fuentes, Miguel (Santander, Spain)













González-Gross, Marcela (Madrid, Spain)

Kleiner, Konrad (Vienna, Austria)

Knisel, Elke (Berlin, Germany)

Martínková, Irena (Prague, Check Republic)

Sainz Martín, Maria (Madrid, Spain)

Meléndez, Agustín (Madrid, Spain)

Stache, Antje (Berlín, Germany)

Saavedra, Carlos (Madrid, Spain)

#### **SPEAKERS**

Blázquez, Domingo (Barcelona, Spain)

Bronikowski, Michal (Poznan, Poland)

Castillo Garzón, Manuel J. (Granada, Spain)

Devis Devis, José (Valencia, Spain) (to be confirmed)

Erdmann, Ralf (Oslo, Norway)

Gilbert, Chantal (Birmingham, Great Britain)

González-Gross, Marcela (Madrid, Spain)

De Henauw, Stefaan (Ghent, Belgium)

Kleiner, Konrad (Vienna, Austria)

Knisel, Elke (Berlin, Germany)

Martínková, Irena (Prague, Check Republic)

Mendoza, Francisco (Badajoz, Spain)

Moreno Aznar, Luis A. (Zaragoza, Spain)

Prill, Markus (Berlín, Germany)

Sainz, Maria (Madrid, Spain)

Stache, Antje (Berlín, Germany)













## **PROGRAMME**

## **Synopsis:**

	Thursday, April 23, 2009	
8:30-10:00	Reception/Registration	
10:00-11:00	Invited key lecture	
11:00-11:30	Coffee Break and poster	
11:30-12:00	Official inauguration	
12.00-13:30	Session 1. The Health(a)ware Project. Frame of the project. Presentation of the book	
13:30-15:00	Lunch	
15:00-16:00	Oral Communications	
16:00-17:30	Round table: Health education at schools	
17:30-18:00	Coffee Break and poster	
18:00-19:30	Communication of educational experiences and Health Project in schools	

	Friday, April 24, 2009	
9:00-10:30	Session 2: The HELENA experience. Practical implications for PE teachers	
10:30-11:00	Coffee Break	
11:00- 12:00	Oral communications/Poster	
12:00-13:30	Round table: PE and Health: new approaches within the subject	
13:30-15:00	Lunch	
15:00-16:00	Oral communications/Poster	
16:00-17:30	Round table: Status quo of PE in Europe.	
17:30-18:00	Coffee Break	
18:00-19:00	Invited key lecture	
19:00-19:30	Closing ceremony	













### **Expanded Programme:**

	Thursday, April 23, 2009		
8:30-10:00	Reception/Registration		
10:00-11:00	Invited key lecture  Manuel Castillo. "Fitness and fatness in European adolescents"		
11:00-11:30	Coffee Break and poster		
11:30-12:00	Official inauguration To determine		
12.00-13:30	Session 1. The Health(a)ware Project. Frame of the project. Presentation of the book Elke Knisel Konrad Kleiner Michal Bronikowski Ralf Erdmann Irena Martínková David Cañada		
13:30-15:00	Lunch		
15:00-16:00	Oral Communications		
16:00-17:30	Round table: Health education at schools Maria Sainz Markus Prill Ayuntamiento de Madrid Consejo Superior de Deportes		
17:30-18:00	Coffee Break and poster		
18:00-19:30	Communication of educational experiences and Health Project in schools		













	Friday, April 24, 2009	
9:00-10:30	Session 2: The HELENA experience. Practical implications for PE teachers	
	Chantal Gilbert,	
	Stefaan De Henauw,	
	Luis A. Moreno Aznar,	
10:30-11:00	Coffee Break	
11:00- 12:00	Oral communications/Poster	
12:00-13:30	Round table: PE and Health: new approaches within the subject	
	José Devis Devis (to be confirmed)	
	Francisco Mendoza	
	Michal Bronikowski	
13:30-15:00	Lunch	
15:00-16:00	Oral communications/Poster	
16:00-17:30	Round table: Status quo of PE in Europe.	
	Domingo Blázquez (to be confirmed)	
	Konrad Kleiner	
	Ralf Erdmann	
17:30-18:00	Coffee Break	
18:00-19:00	Invited key lecture	
	(to be confirmed)	
19:00-19:30	Closing ceremony	

## **Social Programme**

Symposium dinner and Flamenco Party (23th, April, 2009. Thursday night)













#### **ABSTRACTS, POSTERS and AWARDS**

- All the submitted abstracts will be considered for "Poster" presentations in the Heath(a)ware Symposium by the Scientific Committee.
- The accepted abstracts will be published in the Symposium abstracts' book.

#### Abstracts:

- Title (bold letters) and authors' names and affiliations.
- Structured abstracts (Aims, Objective/s, Methods, Results and Conclusions) are restricted to 400 words (without title, authors and institutions and references).
- Time New Roman 12 should be used and it may not contain any tables or graphs.
- Format file: Microsoft Word or equivalent is preferred.
- Presenting author: Indicate the name of the presenting author and his/her contact
  details (e-mail and phone number required). This person is the only one receiving the
  information on acceptance of the abstract submitted and any other correspondence.
- Registration is a requirement for presenting a poster in the Symposium.
- The submission of more than one abstract as first author is not allowed. However, an author can be co-author in other abstracts.
- Language: The official language of the Symposium is English; thereby, abstracts written
  in English are preferred. Nevertheless, abstracts written in Spanish will also be
  considered.

**Note**: Please, find below an example of the required format for abstracts

for abstract submission:

Send your abstract/s to:

healthawaremadrid@gmail.com

#### **Posters:**

• Posters size should not exceed 160 cm in height and 110 cm in width.













• The posters will be fixed at the moment of the registration and will be showed until the end of the Symposium.

#### Awards:

All participants are encouraged to submit an abstract. The best poster will be awarded (200€).

#### Deadline for abstract submission:

March, 3rd, 2009













## **Registration & Payment**

## Fees for registration:

	Before February 28 <sup>th</sup> , 2009	After February 28th, 2009
Type 1*: Ordinary registration	80€	100 €
Student registration	40 €	40 €
Type 2**: Full registration	To be determined	To be determined

<sup>\*</sup> Includes coffee breaks and lunches

Website: <a href="http://www.health-a-ware.eu/">http://www.health-a-ware.eu/</a>

This information will be extended

## **INFORMATION AND CONGRESS SECRETARY**

Contact person: Paloma Navarro Dongil

Tfo: +34 913364100

Mail: <a href="mailto:paloma.navarro@upm.es">paloma.navarro@upm.es</a>

Fax: +34 91.3364062













<sup>\*\*</sup> Includes also typical Spanish dinner and Flamenco dancing. April, 23th, 2009

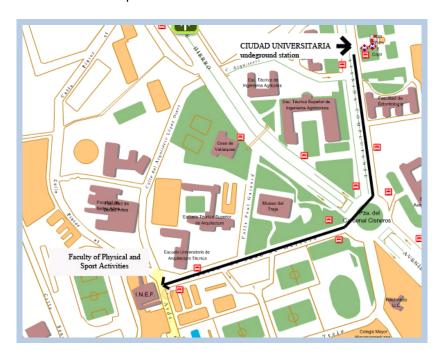
## **CONGRESS VENUE**

Facultad de Ciencias de la Actividad Física y del Deporte-INEF

Universidad Politécnica de Madrid

c/ Martín Fiero s/n

E-28040 Madrid. Spain.



## How to get here:

Bus: The regular lines "U" and "46" stop just in front of the Faculty and pass by the mentioned tube stations.

Tube: The closer tube stations are: "Ciudad Universitaria" line 6 and "Moncloa" lines 6 and 3.

More information: www.ctm-madrid.es











