

dentalcare.com CE Online Interactive Course

Proctor and Gamble verifies it

Prof. Alberto Rodriguez-Archilla License Number(s):

Is Awarded 3 Hour(s) of Continuing Education Credit for Successful Completion of:

Food for Thought: The Relationship Between Oral Health and Nutrition

Diane Vernetti-Callahan, RDH, MS Ed

Method: Self-instructional AGD Subject Code(s): 150

Upon completion of this course, the dental professional should be able to:

- Classify carbohydrates, proteins, fats, and the role they play in the oral cavity.
- Identify the function of vitamins, minerals, and phytonutrients and symptoms of excesses or deficiencies.
- Recognize specific nutrient requirements during the human life cycle.
 - Understand the Healthy Eating Plates and current dietary trends.
- Identify the Dietary Guidelines for Americans.
- Recognize the relationship between nutritional deficiencies and oral disease.
- Assess nutritional aspects of dental caries, its causes, and prevention.
- Guide the patient to clarify and understand his or her own diet-dental relationship.
- Apply basic nutritional concepts to help patients with nutritional problems.

12/10/2022

AGD Provider No. 211886; AGD Verification Code: 583121022 California Provider No. 03-3111-19479 CE Broker Publishing No. 20-723182 AADHPGC-CE583-12102203

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AADH Approved Program Provider



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