



**Manuel J. CASTILLO, M.D., Ph.D.**

- MD (1978) and PhD (1985), University of Granada, Medical School.
- Medical specialties in Chemical Pathology and Nutrition-Endocrinology.
- Professor and Chair of Medical Physiology (1996-tenure) Granada Medical School.
- Director of laboratories and Research Group on Clinical and Exercise Physiology.
- Former Medical Director, Sotogrande Health Resort.
- Responsible and director for more than 30 peer-reviewed research projects funded by national and international public or private organizations.
- Stable research and academic collaboration with several centers in Spain, Europe and America.
- Member of the Scientific Board of several Medical and Scientific Associations.
- Author of over 150 Scientific Publications, more than half in international peer-review journals.
- More than 300 Communications to National and International Meetings and Congresses.
- Invited speaker for more than 200 Lectures (half of them at international events).
- Member of the organizing or scientific committee of several national or international events.
- Lines of research interest: Nutrition, Metabolism (Plasma lipids, Diabetes, Obesity), Exercise Physiology, Anti-Aging Medicine, Telemedicine.
- Lines of clinical interest: Anti-Aging Medicine, Fitness and Health, Exercise Physiology.

See Castillo MJ, Castillo M or Castillo-Garzon M in [www.pubmed.com](http://www.pubmed.com) for published papers

Manuel J Castillo, MD, PhD  
Professor of Medical Physiology  
School of Medicine  
University of Granada  
18071 Granada, Spain.

Phone + 34 649 440 850